



## BORGIO LA PIETRAIA

PAESTUM

### EXPERIENCES

#### MASSAGE

*Starting from € 90 per person- max 2 people at a time*

Book a relaxing massage on your *private terrace with sea views, or in the comfort of your own room. Our massage releases muscle tension and melts stress, while essential oils leave your skin soft and hydrated.*

#### COOKING CLASS

*Starting from € 140 per person- min 2 people, max 10*

Learn to cook traditional dishes from Cilento in a hands-on 3-hour session with our chef, right inside the Borgo's kitchen.

It's the perfect activity for a slow morning, and then you'll sit down and eat everything you made for lunch.

#### YOGA or PILATES LESSON

*Starting from € 90 per person- min 1 person, max 15 people*

Book your spot and ask for your mat, take a deep breath ... and let yourself unwind.

Join us for a yoga or Pilates session in our peaceful rotunda, suitable for all levels.

Reserve your spot, roll out your mat, and let yourself be guided.



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## DRAWING LESSON

*Starting from € 80 per person- min 2 people – max 10*

A relaxed drawing and painting class for all skill levels, guided by our resident art expert.

A nice way to slow down and bring something handmade home with you.



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